



# A Quick Guide to MANAGING YOUR DOG'S ALLERGIES



## COMMON ALLERGY SYMPTOMS IN DOGS INCLUDE:

- Itchiness or hives
- Swelling in facial regions
- Redness
- Diarrhea
- Vomiting
- Sneezing
- Constant licking
- Scratching
- Loss of fur
- Recurrent skin or ear infections
- Gastrointestinal (GI) signs
- Eye discharge
- Red, stinky ears
- Sneezing
- Face rubbing

## RECOMMENDATIONS:

- Rotate proteins within your dog's brand of food
- Remove high-allergen household plants
- Remove your shoes at the door to avoid tracking in grasses and allergens from outside
- Wipe your dog's paws and coat with a pet wipe when they come in from the outdoors
- Give your dog a high-quality fish oil supplement, like [Pawsomely Healthy's Omega-3](#)
- Use high-quality air filters in your home
- Dust and vacuum regularly

\*If your dog is displaying allergy symptoms, be sure to visit your veterinarian. This guide is not intended to diagnose or cure allergies in dogs.